

## Day 2 Worksheet: Align YOUR Key Goals & Priorities

Do your key goals and priorities\* reflect what matters to you most? If not, let's fix that. That's the aim and focus of these 3 simple tasks.

So take out Worksheet #1 and put on your *Creative Thinking* hat.

1. How well do your current G's & P's reflect what you wrote yesterday for #1? Take a few minutes and think about how you can better align them with what really matters to you. For each G or P, ask yourself – "Is this important to me, or does it stem from my boss or someone else?"

\*For goal-setting guidance, see <https://www.success.com/article/rohn-4-tips-for-setting-powerful-goals>

2. Think about that 1 thing from worksheet 1, question #2 – What it would look like if it happened? What would it feel like? Write it down on a card, say it out loud 3 times and find a place to keep it close to you (mine is under my computer).
3. Write down all your daily activities for 1 week. Keep them short and active.

Example:

8 – 8.30 checked emails  
9 – 10.00 team meeting  
10 – 10.30 coffee w Eva  
10.30 – 12.30 emails, phone calls  
12.30 – 13.30 lunch + coffee w John  
13.30 – 14 went for *Strategic Thinking* walk  
14 – 14.30 feedback exchange w Sue  
14.30 – 15 telco w board...you get the picture

After a week, go back to your notes and highlight the activities that energized you. Now, choose the most energizing one.

**Share your answer to #2, worksheet 1 in the comments below Day 2 video for a FREE coaching session.**

See you tomorrow!